

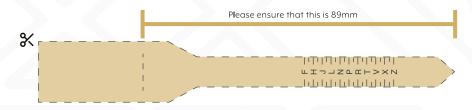
How to find your ring size at home

For the best result, please ensure the following:

- Prior to printing this size guide, make sure that page scaling is set to 'None' on your print options.
- This Ring Size guide should be printed on standard A4 sized paper for the most accurate results.
- Once printed, check that the ring sizer measures 89mm long, please see the diagram below for more information.

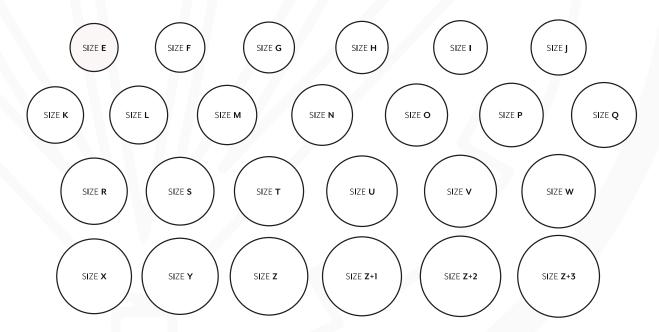
Option 1 Measure Your Finger

- 1. Print & cut out the marked ring sizer below. Make a cut along the dotted line in the wide part of the sizer.
- 2. Place the ring sizer around your chosen finger with the marked size visable to you. Weave the skinny line through the slit.
- 3. Mark down the letter that is the closest to the slit on the wide end this will be your ring size.



Option 2 Measure Your Ring

- 1. Print the ring size guide.
- 2. Choose a ring that fits your chosen finger properly.
- 3. Place your ring over the circles until the inside of the ring matches one of the circles.
- 4. If your ring happens to fall between two sizes, it is best to choose the larger one.



Please note: This ring size guide by The Gold Shop is subject to inaccuracies dependant on print options & paper type

Option 3 Use the size conversion chart below

- 1. Cut a strip of paper, roughly the thickness of the desired ring band.
- 2. Wrap the strip of paper around your chosen finger and mark with a pen where they overlap.
- 3. Measure the paper and using the conversion chart below, find your size.
- 4. The below chart can also be used to convert the diameter measurement of a ring that you already have into a size.

Finger Circumference	Inside Ring Diameter	Ring Size
44.2 mm	14.1 mm	F 1/2
44.8 mm	14.3 mm	G
45.5 mm	14.5 mm	G 1/2
46.1 mm	14.7 mm	Н
46.8 mm	14.9 mm	H 1/2
47.4 mm	15.1 mm	I
48.0 mm	15.3 mm	11/2
48.7 mm	15.5 mm	J
49.3 mm	15.7 mm	J 1/2
50.0 mm	15.9 mm	K
50.6 mm	16.1 mm	K 1/2
51.2 mm	16.3 mm	L
51.9 mm	16.5 mm	L1/2
52.5 mm	16.7 mm	М
53.1 mm	16.9 mm	M 1/2
53.8 mm	17.1 mm	N
54.4 mm	17.3 mm	N 1/2
55.1 mm	17.5 mm	0
55.7 mm	17.9 mm	01/2
56.3 mm	18.0 mm	Р
57.0 mm	18.1 mm	P1/2
57.6 mm	18.3 mm	Q

Finger Circumference Inside Ring Diameter Ring Size 58.3 mm 18.6 mm Q 1/2 58.9 mm 18.9 mm R 59.5 mm 19.0 mm R 1/2 60.2 mm 19.1 mm S 60.8 mm 19.4 mm S 1/2 61.4 mm 19.7 mm T	
58.9 mm 18.9 mm R 59.5 mm 19.0 mm R 1/2 60.2 mm 19.1 mm S 60.8 mm 19.4 mm S 1/2 61.4 mm T	
59.5 mm 19.0 mm R 1/2 60.2 mm 19.1 mm S 60.8 mm 19.4 mm S 1/2 61.4 mm 19.7 mm T	
60.2 mm 19.1 mm S 60.8 mm 19.4 mm S 1/2 61.4 mm 19.7 mm T	
60.8 mm 19.4 mm S 1/2 61.4 mm 19.7 mm T	
61.4 mm 19.7 mm T	
634 mm 40.0 mm T1/2	
62.1 mm 19.9 mm T 1/2	
62.7 mm 20.0 mm U	
63.4 mm 20.2 mm U 1/2	
64.0 mm 20.4 mm V	
64.6 mm 20.6 mm V 1/2	
65.3 mm 20.9 mm W	
65.9 mm 21.0 mm W 1/2	
66.6 mm 21.2 mm X	
67.2 mm 21.4 mm X 1/2	
67.8 mm 21.6 mm Y	
68.5 mm 21.8 mm Z	
69.1 mm 22.0 mm Z 1/2	
69.7 mm 22.2 mm	
70.4 mm 22.4 mm Z+1	
71.0 mm 22.6 mm Z+2	

Option 4 Visit us in store

If you are really struggling to identify your size from home & you are able to visit us store, don't hesitate to call in & see us. Our expert team will be able to do an in-person ring sizing for your peace of mind.

Our opening hours are -

Wednsday / Thursday / Friday & Saturday - 10:00am until 16:00pm

Our Address is -

715-719 Wakefield Rd, Bradford BD4 7PR

Some helpful tips...

- Usually, your dominant hand is slightly bigger.
- On hot days your fingers may be slightly swollen.
- On cold days your fingers may be slightly smaller.
- Wider rings will feel tighter.
- Thinner rings will feel looser.

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